



**cost**  
EUROPEAN COOPERATION  
IN SCIENCE AND TECHNOLOGY

COST is supported by the EU Framework Programme Horizon 2020



**TRAINING SCHOOL COST ACTION RANCARE 15208**  
**RATIONING - MISSED NURSING CARE:**  
**AN INTERNATIONAL AND MULTIDIMENSIONAL PROBLEM**

**Annual Training School - 2019**

Zurich University  
of Applied Sciences



**Organizer:**

Institute of Nursing, School of Health Professionals, Zurich  
University of Applied Science, Winterthur, Switzerland  
<https://www.zhaw.ch/en/health/>

**Date:**

**2<sup>nd</sup> - 4<sup>th</sup> September 2019**

**For any queries, please contact:**

Prof. Izabella Uchmanowicz ([izabella.uchmanowicz@umed.wroc.pl](mailto:izabella.uchmanowicz@umed.wroc.pl))  
Prof. Raul Cordeiro ([raulcordeiro@jpportalegre.pt](mailto:raulcordeiro@jpportalegre.pt))  
Prof. Maria Schubert ([maria.schubert@zhaw.ch](mailto:maria.schubert@zhaw.ch))

**cost**  
EUROPEAN COOPERATION  
IN SCIENCE AND TECHNOLOGY

COST is supported by the EU Framework Programme Horizon 2020

**RANCARE****zhaw**

## Overall Objective

To increase the conceptual, theoretical, and methodological skills of new-in-career researchers (i.e. Ph.D. students and Early Career Investigators) with reference to implementation science and the development of solutions for rationed or missed nursing care. The program is designed for young researchers and focuses on interventions to prevent or to reduce rationed or missed nursing care, such as teamwork interventions, reminders, technological solutions that support nurses' decision-making.

## Training School Objectives

**Upon completion of the training school, participants will be able:**

- to explain key frameworks and strategies used to develop interventions.
- to explain and use an implementation and evaluation framework within a given healthcare context.
- to select, develop, and tailor interventions that help prevent or reduce the rationed and missed nursing care.
- to choose and apply an appropriate strategy for the sustainable implementation of an intervention.
- to choose and apply an appropriate strategy to evaluate the effect and cost/benefits of an intervention.

## Structure of the Training School

### (1) Input lectures

Main lectures will combine discussion of theories with the presentation of specific examples.

### (2) Group work:

Small groups will form in the afternoons to focus on the application of theories using case studies as well as the relationships and common factors between the different concepts and frameworks. Each group is led by an experienced trainer. Students can work on provided case studies or may bring their own case studies. For organizational reasons, students who want to use their own case studies are asked to forward the case study to Prof. Maria Schubert in advance (Email: [maria.schubert@zhaw.ch](mailto:maria.schubert@zhaw.ch)) **by August 1<sup>st</sup>**.

## Credits / Certification of Attendance:

Upon completion of the training, students will receive a certificate of attendance that may be used for credit at their home university. Students must complete the full program, including preparation, to be eligible for the certificate.

For more information about the RANCARE Cost Action follow this link: <https://www.rancare-action.eu/>



**cost**  
EUROPEAN COOPERATION  
IN SCIENCE AND TECHNOLOGY

COST is supported by the EU Framework Programme Horizon 2020



**RANCARE**

Zurich University  
of Applied Sciences

**zhaw**

## Time schedule

Date & time	Monday 02.09.2019	Tuesday 03.09.2019	Wednesday 04.09.2019
08.30-09.00	Arrive and welcome coffee	Arrive in classroom preparation for day	Arrive in classroom preparation for day
09.00-10.30	<p><b>Welcome and Opening</b> (09:00-09:15) Prof. Dr. E. Papastavrou, Prof. Dr. M. Schubert &amp; Dr. D. Ausserhofer, representative ZHAW Introduction group leaders, participants</p> <p><b>Introduction COST Action RANCARE missed and rationed nursing care</b> (09:15-10:00), Prof. E. Papastavrou</p> <p><b>Intervention to prevent rationed and missed nursing care</b> (10:00-10:30) Prof. Dr. M. Schubert, Dr. D. Ausserhofer <i>Room: TN O2.29</i></p>	<p><b>Introduction: Implementation Frameworks</b> Prof. Dr. Kasia Bail</p> <p><i>Room: TN O2.29</i></p>	<p><b>Evaluation of complex interventions: strategies methods, designs</b> Dr. F. Zuniga</p> <p><i>Room: TN O2.29</i></p>
10.30-11.00	<b>Break</b>	<b>Break</b>	<b>Break</b>
11.00-12.30	<p><b>Introduction into interventional research: Classic /complex intervention</b> Prof. Dr. L. Popejoy</p> <p><i>Room: TN O2.29</i></p>	<p><b>Implementation of complex Interventions</b> Prof. Dr. Hugo Sax</p> <p><i>Room: TN O2.29</i></p>	<p><b>Group / individual work on own proposals / presentation</b> Group leaders / group members Rooms TN: O2.09, O2.11, O2.19, O2.29 <b>Presentation of the group work</b> (Part 1) <i>Room: TN O2.29</i></p>
12.30-13:30	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
13:30-15:00	<p><b>Development of complex interventions: Frameworks, Strategies</b> Prof. Dr. D. Nicca <i>Room: TN O2.29</i></p>	<p><b>Introduction: Evaluation Frameworks</b> Prof. Dr. L. Popejoy <i>Room: TN O2.29</i></p>	<p><b>Presentation of the group work</b> (part 2) <i>Room: TN O2.29</i></p>
15.00-15:30	<b>Break</b>	<b>Break</b>	<b>Break</b>
15:30-17:00	<p><b>Group work:</b> Transfer of the theoretical inputs using case studies (provided or own case studies)</p> <p><i>Rooms TN: O2.09, O2.11, O2.19, O2.29</i></p>	<p><b>Group work:</b> Transfer of the theoretical inputs using case studies (provided or own case studies)</p> <p><i>Rooms TN: O2.09, O2.11, O2.19, O2.29</i></p>	<p><b>Lessons learned / take home messages</b> Prof. Dr. M. Schubert, Dr. D. Ausserhofer Group leaders / group members Closing of the Training School <i>Room: TN O2.29</i></p>
17:30	“Pot luck dinner”, ZHAW, room <i>TN O1.56</i>	<b>Social event</b> , Zurich, excursion together with Swiss students	



COST is supported by the EU Framework Programme Horizon 2020



Zurich University  
of Applied Sciences



## Trainers, group leaders and speakers

### Speakers

Dr. Ausserhofer, Dietmar, Claudiana, Bozen, Italy, Co-leader WG 2  
Prof. Dr. Bail, Kasia, University of Canberra, Australia  
Prof. Dr. Papastavrou, Evridiki, Cyprus University of Technology, Cyprus, Chair CA RANCARE  
Prof. Dr. Nicca, Dunja, University of Basel, Switzerland  
Prof. Dr. Popejoy, Lori, University of Missouri, U.S.  
Prof. Dr. Sax, Hugo, University Hospital Zurich, Switzerland  
Prof. Dr. Schubert, Maria, Zurich University of Applied Science, Winterthur, Switzerland, Leader WG 2  
Dr. Zuniga, Franziska, University of Basel, Switzerland

### Trainers and group leaders

Dr. Ausserhofer, Dietmar, Claudiana, Bozen, Italy  
Prof. Dr. Bail, Kasia, University of Canberra, Australia  
Prof. Dr. Papastavrou, Evridiki, Cyprus University of Technology, Cyprus  
Prof. Dr. Dhaini, Suzanne, American University of Beirut-Lebanon, Lebanon

### Social events

#### September 2, 2019, 06.00pm: Pot luck dinner

→ Please bring for this special food, specialties from your home country

September 3, 2019, 05.30pm: Zurich excursion together with Swiss students <https://www.zuerich.com/en>

### Who can apply?

PhD students or Early Career Investigators (ECI) from EU or other countries can participate. MSc Students can also apply but PhD and ECI will be given priority in case of more applications than the capacity of the TS (25 applicants).

During the Training School, the trainees will have the opportunity to present their research work for discussion (strongly encouraged); or make a short presentation on a topic of interest. Trainees will have the opportunity for feedback sessions with one of the Trainers.

### Financial Support for Participants:

A financial support is possible for a maximum of 20 trainees who wish to apply to it. This applies to participants coming from outside Switzerland only. The selection of applicants is based on the application documents and form, which must clearly comply with the overall objectives of the Action's Memorandum of Understanding available in [http://w3.cost.eu/fileadmin/domain\\_files/CA/Action\\_CA15208/mou/CA15208-e.pdf](http://w3.cost.eu/fileadmin/domain_files/CA/Action_CA15208/mou/CA15208-e.pdf).

### The following funding conditions will apply:

Each participant from countries other than Switzerland will receive a grant (a contribution towards their travel, accommodation and meal expenses) of **1000 Euros each**.

Participants from Switzerland (other than Winterthur) will be partly reimbursed for their travelling to Winterthur, if appropriate.

Upon approval of the application form and prior to the Training School, Trainees must register on e-COST: <https://e-services.cost.eu>. The reimbursement is made after the Training School takes place.

### How to apply?

Applicants must apply for participation in the Training School and indicate whether they wish to apply for a trainee grant in the application form. Please note that it is mandatory to complete and submit this form if you wish to participate in the RANCARE Training School 2019, regardless of applying for financial support. The applicant is responsible to complete and send the application form via email to the Training School Subcoordinator of the Selection Committee, **Prof. Raul Cordeiro** ([raulcordeiro@essp.pt](mailto:raulcordeiro@essp.pt)); the following documents need to be attached:

- Application letter for participation in the Training School; the letter needs to highlight the importance of the Training School for the applicant's research and future career;
- An abstract of ongoing research or current work linked to the Action's overall theme;
- An updated CV (maximum 2 pages).

### When to apply?

The call is open from **15 May 2019**

Deadline for the applications submission: **31 July 2019**